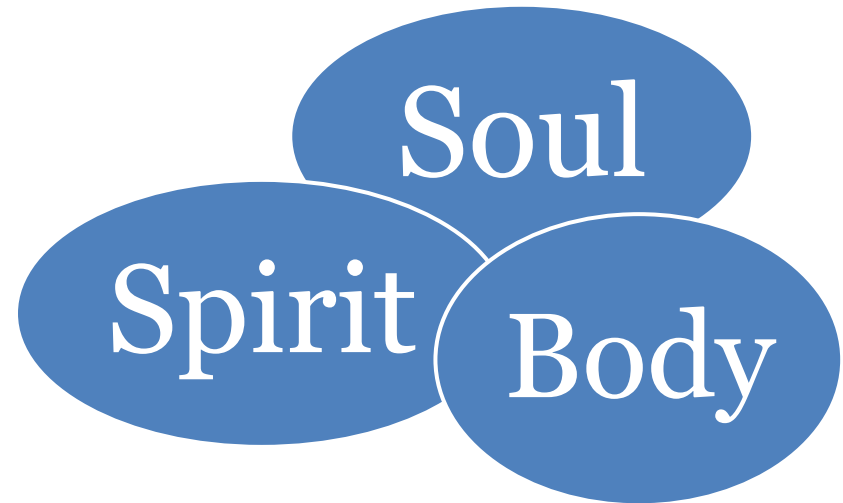


Taking Authority Over Your Emotions

THE TRINITY



HUMAN BEING
(Man/Woman)



**Are You Mastering Your Emotions ?
Or
Are Your Emotions Mastering You?**

Taking Authority Over Your Emotions

DEFINITIONS:

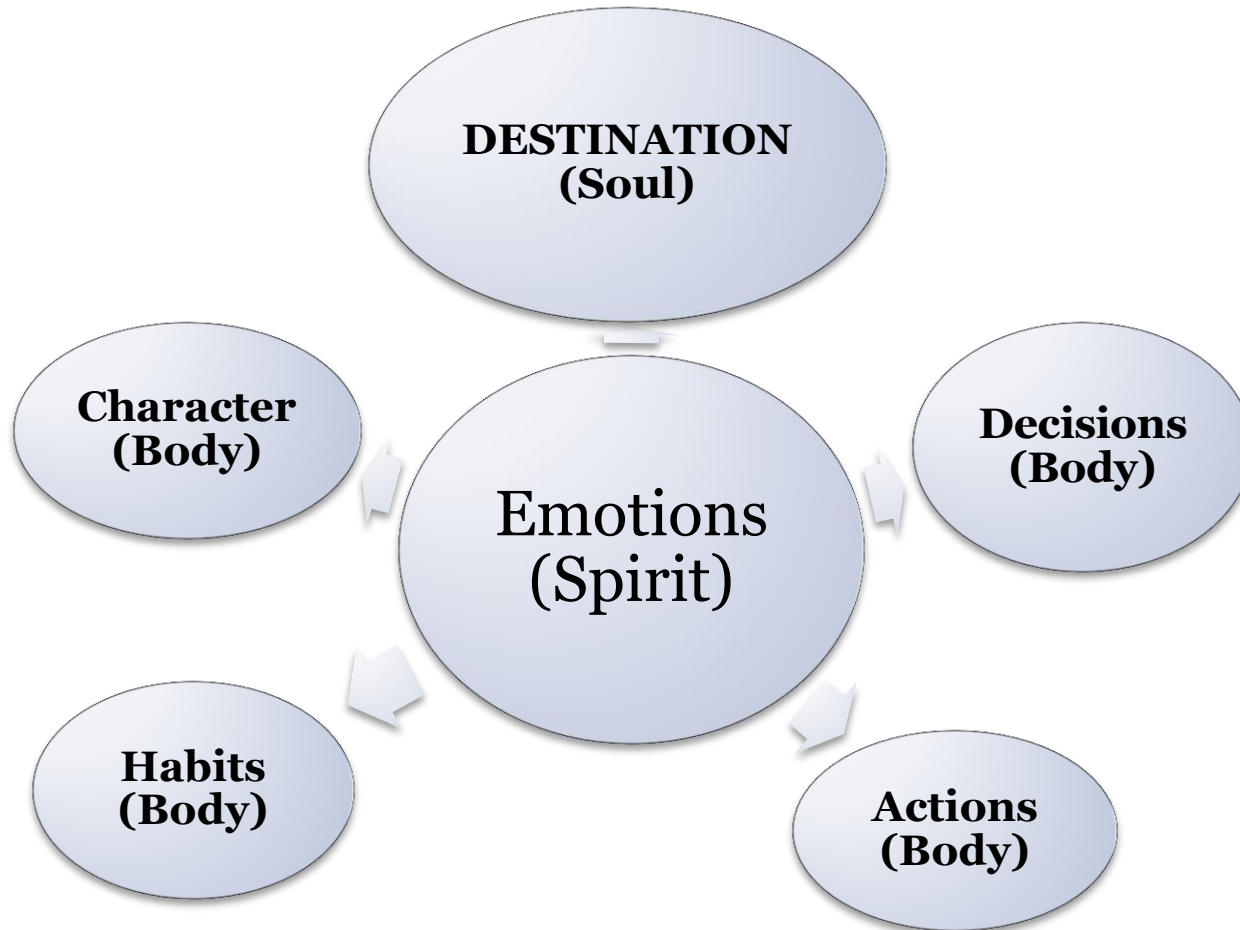
Soul -Your **soul** is the part of you that consists of your mind, character, thoughts, and feelings. Many people believe that your soul continues existing after your body is dead.

The spiritual or immaterial part of a human being or animal, regarded as immortal.

Spirit -The nonphysical part of a person which is the seat of emotions and character; the soul. "We seek a harmony between body and spirit"

Body -The physical structure of a person or an animal, including the bones, flesh, and organs. "It's important to keep your body in good condition."

Taking Authority Over Your Emotions



Taking Authority Over Your Emotions

Emotions (feelings)

An **EMOTION** is a feeling such as happiness, love, fear, anger, or hatred, which can be caused by the situation that you are in or the people you are with.

EMOTION is the part of a person's character that consists of their feelings, as opposed to their thoughts.

Destination (expected outcome)

Expecting a desired outcome; it is a purpose for which something is predetermined or destined; an act of appointing, setting aside for a purpose.

Decisions (choice)

Something you choose; a choice

It is a choice that you make about something after thinking about several possibilities.

Action (something done)

The process of doing something, or something done; especially for a particular purpose



Taking Authority Over Your Emotions

Habit (a repeated action)

Something that you do often and regularly, sometimes without knowing that you are doing it:

Character (quality)

The mental and moral qualities distinctive to an individual.

The particular combination of things about a person or place, especially things you cannot see, that make that person or place different from others.

Character is often used in a positive way to mean qualities that are interesting and unusual.

Taking Authority Over Your Emotions

- We All Deal With Pain and Pleasure
- How Do We Respond
- Control, Neutralize and Harness our Emotions



Taking Authority Over Your Emotions

The Word of God teaches us in these Bible Scriptures below:

III John 2 Beloved I pray that you may prosper in all things and be in health, just as your soul prosper.

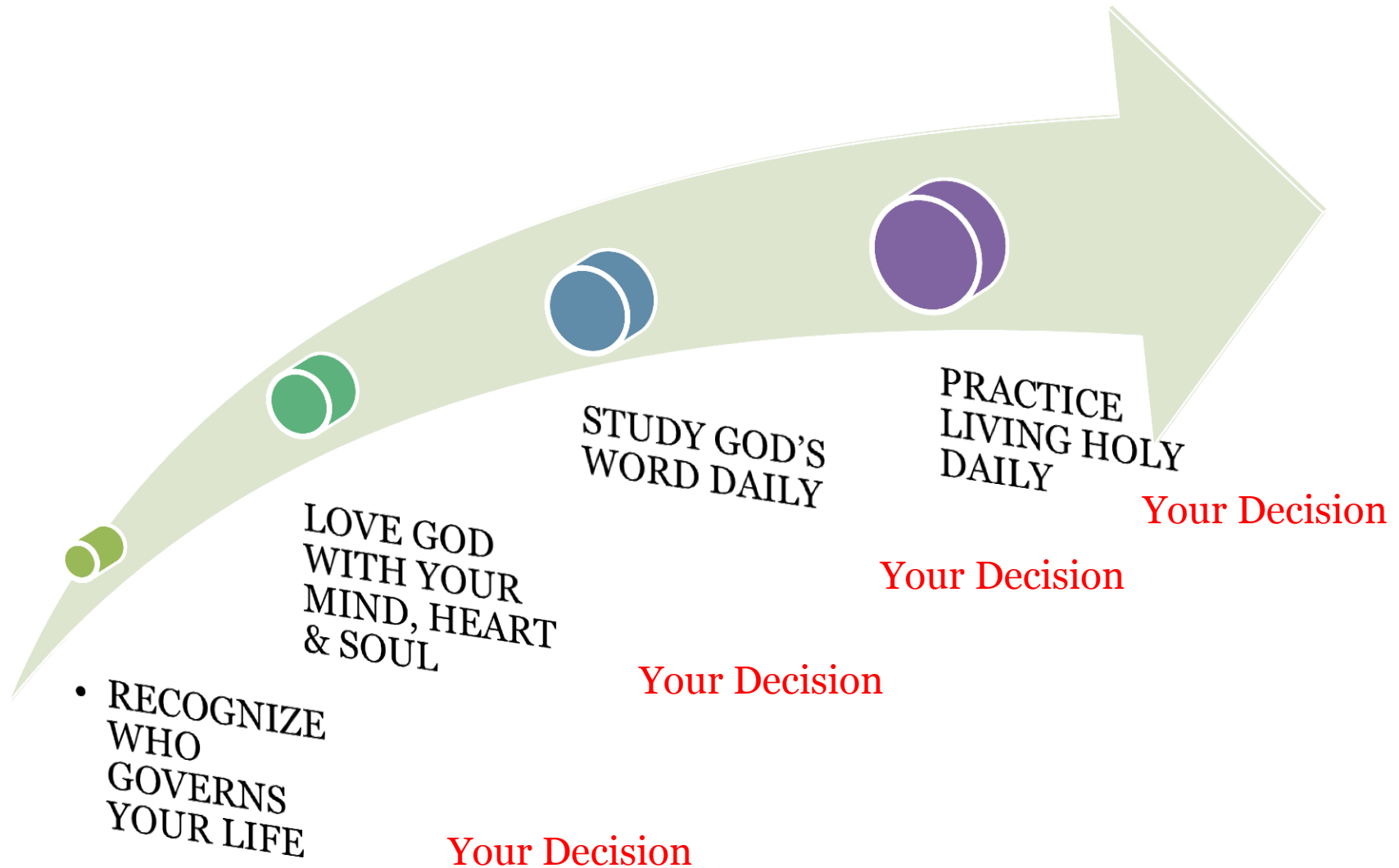
Mark 14: 32-34 Then they came to a place which was named Gethsemane; and He said to His disciples, “**Sit here while I pray.**” 33 And He ‘took Peter, James, and John with Him, and He began to be troubled and deeply distressed. 34 Then He said to them, “**My soul is exceedingly sorrowful, even to death. Stay here and watch.**”

(sorrowful –feeling or showing grief, very sad, low spirited, depressed, mournful, heartbroken, agonizing, miserable...)

Taking Authority Over Your Emotions

- The Word of God teaches us in these Bible Scriptures below: (continued)
II Corinthians 10 ³ For though we walk in the flesh [as mortal men], we are not carrying on our [spiritual] warfare according to the flesh *and* using the weapons of man. ⁴ The weapons of our warfare are not physical [weapons of flesh and blood]. Our weapons are divinely powerful for the destruction of fortresses. ⁵ *We are* destroying sophisticated arguments and every exalted *and* proud thing that sets itself up against the [true] knowledge of God, and *we are* taking every thought *and* purpose captive to the obedience of Christ, ⁶ being ready to punish every act of disobedience, when your own obedience [as a church] is complete.
- ⁷ You are looking [only] at the outward appearance of things. If anyone is confident that he is Christ's, he should reflect *and* consider this, that just as he is Christ's, so too are we.

Taking Authority Over Your Emotions



Taking Authority Over Your Emotions

Remember This

- Remember, God's Love For His Children Is Always Everlasting
- Remember, God communicates with us through His word and the prompting of His' Holy Spirit.
- Remember, We communicate with God by our Faith and Trusting in His' Holy Word.
- Remember, We Recognize Who Is By Praying to Him in Jesus' Name for his Grace and Mercy.
- Remember, We Must Recognize All of God's Creations and His Greatness.

Let Us Give God The Highest Praise

HALLELUJAH!

Taking Authority Over Your Emotions

OPEN FORUM



**Are You Mastering Your Emotions ?
Or
Are Your Emotions Mastering You?**

Taking Authority Over Your Emotions

There Are Five Crowns Mentioned In The New Testament That I Hope To Achieve

Victor's Crown (1 Corinthians (9:25-27))

you as a believer in Christ must say no to things that are not of God. Living to abide in God's Word. Doing the right thing all the time even when you want to do just the opposite.

Crown of Rejoicing (1 Thessalonian 2:19)

you lead someone to Christ Jesus. This is the Soul Winner's Crown. You must talk to people about God and his ways.

Crown of Righteousness (2 Timothy 4:8)

you have a Love for Jesus Christ to come back. Our hearts want to see him.

Crown of Life/Eternity (James 1:12, Revelation 2:10, 1 Corinthians 4:2)

this crown is given for our trials and persecution, for the cause of Christ. (Suffering and Pain).

Taking Authority Over Your Emotions

Crown of Glory (1 Peter 5:1-4)

this crown is for Leadership/Shepherd, you stand before small groups or large groups of people. Also called the Preachers' Crown.

Resist during work to boast about what you have done. Matthews 6:1 teaches us; charitable deeds must be done in secrets. You serve the Lord because you Love God not to be recognize by people on earth.

Revelation 4:10-11 teaches us; the twenty-four elders will fall down before Him who sits on the throne, and will worship Him who lives forever and ever, and will cast their **crowns** before the throne, saying, "Worthy are You, our Lord and our God, to receive glory and honor and power; for You created all things, and because of Your will they existed, and were created."